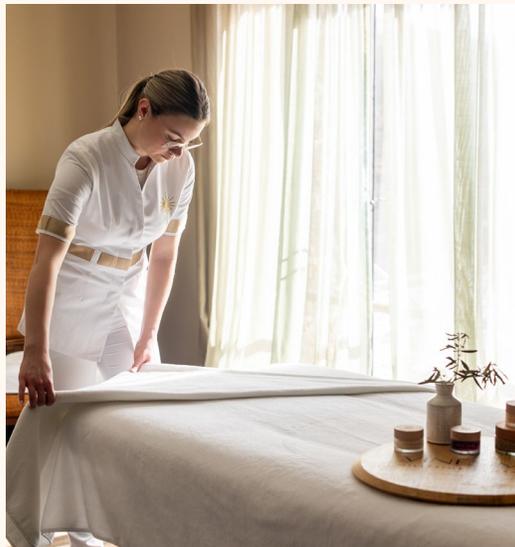




CHÂTEAU DE  
**BERNE**  
PROVENCE

## SPA MENU

2026



## AN AUTHENTIC HAVEN OF WELL-BEING

Between vineyards and ancient olive trees, in a place steeped in history.

Let yourself be carried away by the forces of nature to recharge your batteries and enjoy the benefits of Cinq Mondes and Vinésime treatments in an 800m<sup>2</sup> haven of peace.

CINQ MŌNDES  
PARIS

VINĒSIME  
MILLÉSIME DE BEAUTÉ



## THE CINQ MONDES CARE PHILOSOPHY

The Cinq Mondes philosophy is based on the conviction that the skin is our vital sensory organ.

Combining technical expertise, results and absolute regeneration, Cinq Mondes treatment protocols use an exclusive manual acupuncture technique without needles: Dermapuncture.

Dermatologically tested, they contain no silicone, no artificial colouring, no animal ingredients and no mineral oil. Cinq Mondes cosmetics draw their inspiration from the Pharmacopoeias of the World and ancestral traditions, and adapt them to our contemporaries through cutting-edge cosmetology, excluding petrochemicals.

**CINQ MŌNDES**  
PARIS

## FACIAL TREATMENTS

CINQ MÔNDES  
PARIS

### PERFECTING FACIAL TREATMENT

#### **‘Bali Flower and Fruit Ritual’\***

A genuine cleansing and skin-perfecting treatment based on Balinese beauty rituals. Take full advantage of the benefits of natural active ingredients from tropical flowers and natural fruit acids (AHAs) for purified, radiant skin, smoothed skin texture and a radiant complexion.

50mn - €160

### SUBLIMATING FACIAL TREATMENT

#### **‘Five Flower Ritual’\***

Based on the Balinese ritual, this facial treatment tones and brightens the skin. Thanks to a combination of extracts of five tropical flowers, the skin is deeply cleansed and the complexion brighter.

50 mn - €160

### YOUNGER FACE CARE ‘Kobido’

A genuine ‘all-round anti-ageing’ treatment, this manual lifting inspired by Japanese Ko Bi Do massage has a deep action on wrinkles, firmness, pigmentation spots and radiance, with particular emphasis on the eye contour, mouth, décolleté and arms. The result is plumper, smoother skin, a radiant complexion and a perfectly relaxed mind.

50mn - €170  
80 mn – €230

## BODY MASSAGES

50mn - €160

CINQ MŌNDES  
PARIS

### RELAXING ORIENTAL MASSAGE\*

This massage, inspired by Oriental tradition, works the whole body with heated, delicately scented argan oil to bring you a state of pure well-being.

### BALINESE ENVELOPING MASSAGE\*

Immerse yourself in a world of tranquillity with this ancestral Balinese massage ritual using Tropical Nut Melting Balm. This sensory escape is combined with traditional deep stroking and gentle stretching.

### SUBLIME POLYNESIAN MASSAGE\*

A massage inherited from the healers of Polynesia and inspired by Lomi-Lomi, using pressure and long, continuous movements with the forearms. The delicate notes of Tiaré flowers accompany you throughout this incredible experience of letting go.

### SUBLIME BOLA MASSAGE\*

**Available from 3 ½ months to 8 months of pregnancy**

Enjoy a unique, never-before-seen experience of letting go specially designed for pregnancy. This Care Ritual is inspired by ancestral Polynesian traditions and the knowledge of women around the world who help with childbirth.

### INDIAN AYURVEDIC MASSAGE\*

Enjoy the scents of vanilla and cardamom, this invigorating hot oil massage is inspired by the age-old Indian tradition. Alternating energising and heating rhythms relieve tension and relax muscles.

## BODY SCRUBS

50mn - €160

CINQ MÔNDES  
PARIS

### SUBLIME POLYNESIAN BODY SCRUB WITH TAHITIAN MONOI OIL\*

A wonderful ritual inspired by the Polynesian islands, perfectly suited to even the most sensitive skin. This traditional Monoï preparation, made from macerated Tiaré flowers, sugar and coconut powder, regenerates the skin and awakens the spirit. The scrub is followed by a relaxing rehydration with delicate notes of Tiaré flowers.

### ENERGISING AROMATIC SCRUB WITH RARE AND PRECIOUS SPICES\*

Treat yourself to a moment of well-being with this ancestral ritual inspired by the beauty and care recipes of the island of Java. Let yourself be transported by the delicate scents of this energising treatment based on spices and sea salts, and rediscover soft, satiny skin. The scrub is followed by a rehydrating treatment with Indian notes of vanilla cardamom.

### PAPAYA PUREE RADIANCE SCRUB\*

A scrubbing technique from a Siamese ritual, using a creamy, fine-grained 'Purée de Papaye®'. Gently exfoliated, your skin regains its radiance and is enveloped in a delicious fragrance. The exfoliation is followed by a relaxing rehydration with a 'melting balm with tropical nuts'.

# RITUALS

100mn - €250

CINQ MŌNDES  
PARIS

## KYOTO RITUAL - ON TOP OF THE WORLD

Private Hammam or balneotherapy  
(20min) - Smoothing and plumping  
'kobido' youthful face massage  
treatment (80mn)

## SIAM RITUAL

Private Hammam or balneotherapy  
(20mn) - Radiance scrub with papaya  
purée (30mn) - Balinese massage  
(50mn)

## TO COMPLEMENT A 50-MINUTE TREATMENT

### ENERGISING LIGHT FOOT MASSAGE

Treat your tired or irritated feet to real relief with this treatment that includes a scrub, a wrap with a rich cream made from Chinese herbs and a gentle, soothing foot massage.

30mn - €70

### GOURMET EVASION *NEW*

Treat yourself to a moment of well-being combining relaxation and regeneration. Enjoy the purifying warmth of the hammam before a gentle exfoliation with **Château de Berne's Gommage Terre de Provence**. To round off this moment, enjoy a detox cocktail and a **cereal bar**, combining energy and balance.

30mn - €80

### RELAXING LEG RITUAL

A treatment dedicated to relieving aching, tired muscles in the legs and calves. This toning, draining massage uses natural active ingredients from Chinese pharmacopoeia. Your legs will feel fresh and light, for a sensation of total relaxation.

30mn - €70

### VINOLIFT ÉCLAT

A natural anti-ageing treatment that draws its effectiveness from the heart of the vineyards. It provides a real burst of radiance and a unique regenerating action thanks to extracts from Champagne vineyards and red vine leaves.

30mn - €80

### BODY SCRUB OF YOUR CHOICE

Choose from our range of body scrubs.

30mn - €70



## OENOTHERAPY AT THE SPA DU CHÂTEAU DE BERNE

Our Vinésime skincare products represent all the magnificence of the vine and the work of man, and put this wealth of plants and know-how at the service of beauty.

Vinésime creates its own active ingredients from prestigious vines selected in the heart of the Climats of Burgundy, listed as a World Heritage Site. From Gevrey-Chambertin to Vosne-Romanée, via Chablis and Marsannay, the estates offer us their most precious grapes, whose molecules developed by the vine's immune system make up the core activity of our products: protecting the skin against the signs of time.

The formulas are based on a carefully considered choice of natural raw materials and a selection of high-quality active ingredients, certified by their suppliers and obtained using specific and unique extraction processes.

**VINÉSIME**  
MILLÉSIME DE BEAUTÉ

## BODY MASSAGES

VINĒSIME  
MILLÉSIME DE BEAUTÉ

### DIVINE ESCAPADE IN THE VINEYARDS

Inspired by the ancestral Thai treatment 'les tampons de Siam' (Siamese pads), this draining and relaxing treatment combines manual techniques with manoeuvres performed with warm ballotins of grape marc and seeds. An escapade in the heart of the vineyards to relax body and mind.

60mn - €170

### ENCHANTING RELAXING TREATMENT\*

A veritable olfactory voyage, it bathes you in the roundness of divinely addictive red fruits. The combination of grape extracts and blackcurrant oil will leave your skin fully moisturised, soft and silky.

50mn - €160

## FACIAL CARE

VINÈSIME  
MILLÉSIME DE BEAUTÉ

### "VINE'S VITAL FORCE

A comprehensive anti-aging treatment for unparalleled radiance, smoother skin, and improved firmness, with proven effectiveness. The A20C complex, with oxygenating and antioxidant properties, boosts the skin's energy and strengthens its defenses. Antioxidant and Cellular Oxygenating.

60mn - €170

### INTENSE VIN'HYDRA\*

"A sensory escape offering rest and well-being through relaxing techniques that combine acupressure and deep smoothing movements. This facial treatment provides comfort and radiance to your skin, while the application of a targeted mask helps improve and maintain its hydration levels.

50mn - €160

## RITUALS

VINĒSIME  
MILLÉSIME DE BEAUTÉ

### GRAND MILLESIME TRAVEL

Dive into the benefits of the vine with a scrub of your choice followed by a body wrap to sublimate the skin. To finish this enchanting ritual, choose between a facial treatment or a signature massage to relax both body and mind.

120mn - €280

### CARE IN THE HEART OF THE VINEYARDS

An anti-ageing grape body wrap that covers the entire body to deliver the minerals and anti-oxidants found in grapes. The treatment ends with a massage combining deep, relaxing manoeuvres to unwind body and mind with the gentle scent of sensual voluptuous oil.

80mn - €230

### ABOUT GRAPE VARIETIES

Made from the prestigious 'Richebourg Grand Cru' grape variety, this scrub with grape pulp, stalks and seeds refines skin texture and frees it of toxins and impurities. An invigorating and stimulating all-over scrub with a unique texture that will delight all skin types. Complemented by a relaxing and enveloping massage with sensual voluptuous oil, tension is instantly relieved and the skin regains its finesse, lightness and softness.

80mn - €230

## BODY SCRUBS

VINĒSIME  
MILLÉSIME DE BEAUTÉ

### A STIMULATING BREAK WITH GRENACHE NOIR\*

A scrub that exfoliates the skin naturally and wraps it in a soft, silky film. Grenache Noir grape marc, the Château's emblematic grape variety, removes dead cells and impurities. The result is skin that is regenerated, soft and delicately scented.

50mn - €160

### GEWURTRAMINER GRAND CRU SCRUB\*

This gliding body scrub exfoliates the skin naturally and wraps it in a soft, silky film. The seeds and stalks of Gewurztraminer Grand Cru\* grapes and sweet particles remove dead cells and impurities. This scrub provides a pleasant sensation of relaxation and fills the skin with intense fruity and spicy notes.

50mn - €160

### PINOT NOIR OR CHARDONNAY GRAND CRU BODY SCRUB\*

To prepare your skin and prolong your tan, come and enjoy a Vinotherapy ritual including a body scrub followed by a rehydrating massage with enchanting notes.

50mn - €160



## SIGNATURE TREATMENTS AT CHÂTEAU DE BERNE

Our signature treatments embody the essence of our expertise and the art of touch, placing skilled hands and attentive care at the service of profound well-being.

## SIGNATURE TREATMENTS

### BACK RELAXATION TREATMENT\*

An ideal protocol for looking after your back. A body scrub followed by a body wrap and a 30-minute back massage will help you disconnect and reduce stress points.

50mn - €160

### FOOT REFLEXOLOGY FOR WELL-BEING\*

This so-called 'gentle' reflexology is characterised by light, totally painless stimulation. This very specific touch sends information to your body to release tension on both a physical and emotional level.

50mn - €160

### DEEP TISSUE MASSAGE

Performed over the whole body, focusing on areas of tension. Manoeuvres adapted to your needs. Deep, toning muscle work.

50mn - €170

### SUR-MESURE MASSAGE

A fully personalised massage tailored to the needs of your body and mind. A bespoke experience that will allow you to completely switch off and rediscover a lasting sense of wellbeing.

50mn - €170

## CHILDREN'S SPA

Personalised treatments offered to all children accompanied by one of their parents in a duo treatment room only.

### TEDDY BEAR RITUAL

3-6 years

20mn - €60

### REST FOR PRINCES AND PRINCESSES

6-12 years

30mn - €70

### TEENAGE SKINCARE RITUAL

12-14 years

50mn - €140

### FAIRY FINGERS

Nail polish for little princesses.

15mn - €20

## YOGA & ACTIVITIES\*

### YOGA PRIVATE LESSON

60mn  
€90 per person  
€120 for 2 people

### YOGALATES (Yoga & Pilates)

60mn  
€90 per person  
€120 for 2 people

### GUIDED MEDITATION SESSION

60mn  
€90 per person  
€120 for 2 people

### REIKI

60mn  
€90 per person  
€120 for 2 people

### CHILDREN'S YOGA

45mn  
€50 per child  
€80 for 2 children

### SOUND JOURNEY WITH CRYSTAL BOWLS ALCHEMY

60mn  
€130 per person  
€210 for 2 people



## HAND & FOOT BEAUTY

### HAND OR FOOT BEAUTY

No nail polish application	€90
With nail polish application	€100

### HANDS OR FEET - EXPRESS

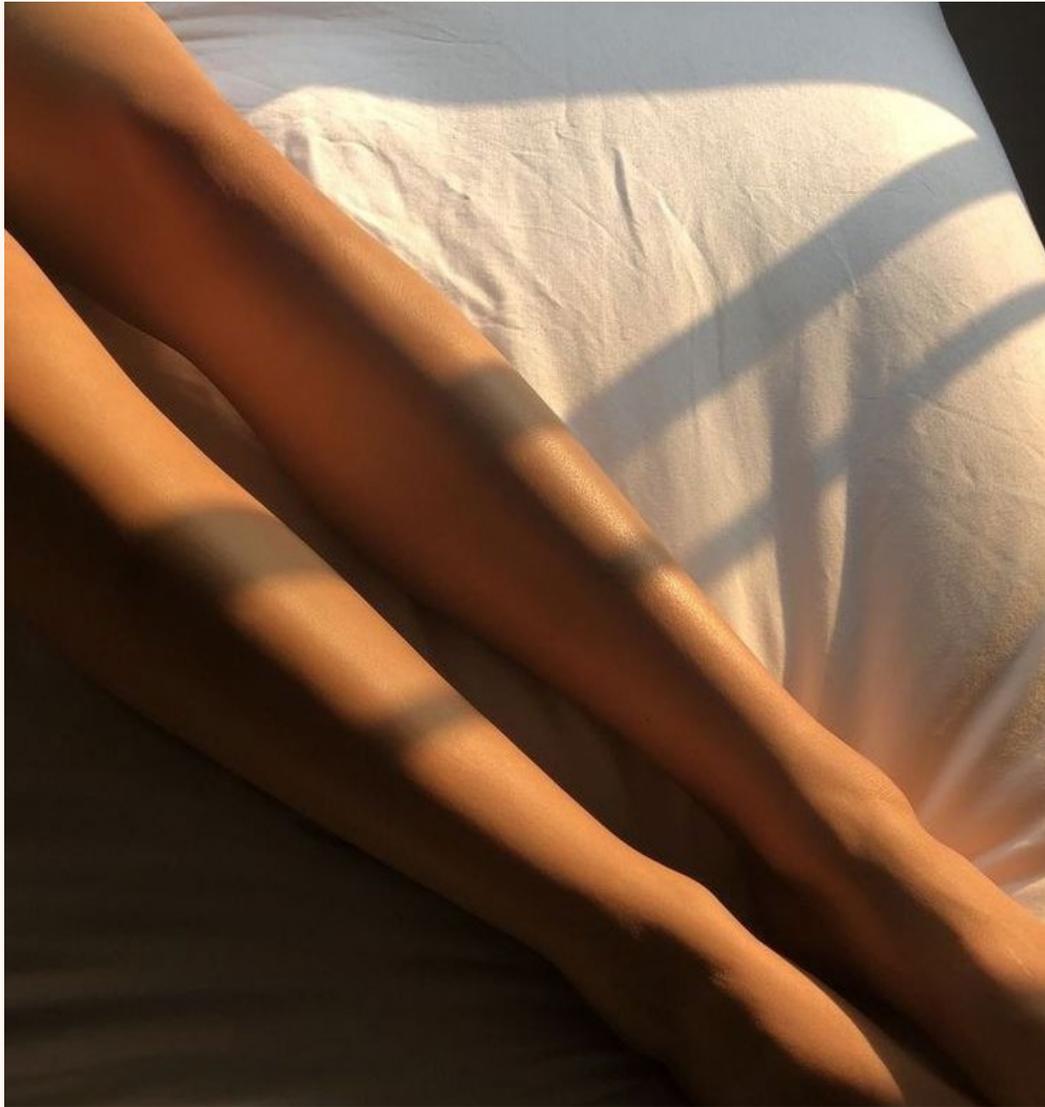
No nail polish application	€55
With nail polish application	€75

### NAIL POLISH APPLICATION HANDS OR FEET

€20

### SEMI-PERMANENT NAIL POLISH

Hands or feet deposit	€20
Simple application of hand or foot nail polish	€55
Deposit and application	€70



## WAXING

Large areas €40  
*(back, half-leg or thigh, chest)*

Small areas €30  
*(underarms, half-arms)*

Full legs €60

Simple bikini €40

Low cut bikini €50

Full bikini €70

Face area €20  
*(eyebrows, lips, nose)*



## MAKE-UP & HAIRDRESSING

Beauty treatment	€150
Make-up - Evening	€200
Bridal make-up (trial included)	€400
Hairdressing	On request



## MEMBERSHIPS

Take advantage of all our Spa facilities (indoor swimming pool, sauna, hammam, jacuzzis, relaxation area with herbal tea room, solarium).

Access to the Spa from Monday to Friday - maximum 2 hours per day and per person

**1 MONTH**

€450 per person

- 10% off all treatments

**3 MONTHS**

€1000 per person

- 10% off all treatments

**6 MONTHS**

€1300 per person

- 10% off all treatments



## WELLNESS MOMENT

Free access to the Spa facilities for two consecutive hours (not including the hotel's outdoor pools) and lunch or dinner in one of our restaurants:

**BREAKFAST**  
(only on weekdays)

€75 per person

**LUNCH AT LE BISTRO**

**Weekday**

€88 per person

**Weekend**

€105 per person

(menu of the day, excluding drinks)

**LUNCH AT L'OLIVIER DE BERNE**

€125 per person

(menu, excluding drinks)

*Restaurant open only in summer*

**DINNER AT JARDIN DE BERNE**

€205 per person

(5-course menu, drinks not included)



## ESCAPE PASS

Free access to the Spa facilities for two consecutive hours (not including the hotel's outdoor pools), a 50-minute treatment of your choice, and lunch or dinner in one of our restaurants:

**BREAKFAST**  
(only on weekdays)

€180 per person

**LUNCH AT LE BISTROT**

**Weekday**

188€ par personne

**Weekend**

205€ par personne

(menu of the day, excluding drinks)

**LUNCH AT L'OLIVIER DE BERNE**

(menu, excluding drinks)

€225 per person

*Restaurant open only in summer*

**DINNER AT JARDIN DE BERNE**

(5-course menu, drinks not included)

€305 per person

## INFORMATIONS

### FREE ACCESS TO THE SPA WITH EVERY 50-MINUTE TREATMENT BOOKED

### 2-HOUR ACCESS TO SPA FACILITIES ON RESERVATION

Indoor swimming pool, sauna, steam room, jacuzzis, relaxation area with herbal tea room, solarium. Bath towels, bathrobes and flip-flops are provided.

Adults: €50 per week, €70 per weekend  
Children (under 12): €25 per week, €35 per weekend

### OPENING HOURS

The Spa is open every day from 10am to 7pm and on Saturdays from 10am to 8pm.  
Children are only accepted between 10 a.m. and 1 p.m.

### FOR HOTEL GUESTS

Treatments can be booked when reserving your stay or at the spa reception desk.

From your room, please dial 529. All cancellations must be made at least 5 hours before the scheduled appointment. Otherwise, you will be billed in full for the treatment.

### FOR EXTERNAL CUSTOMERS

Bookings by telephone :  
+ 33(0)4 94 60 49 80 or by e-mail at the following address:  
spa@chateaudeberne.com.  
Your credit card number will be requested as a guarantee. Cancellations must be made at least 24 hours before the scheduled appointment. Otherwise, you will be billed in full for the service.

### TAKING YOUR TIME

For your comfort, we recommend that you arrive 20 minutes before the start of your treatment. If you arrive late, the duration of your treatment will be reduced. Under no circumstances may the treatment be extended beyond the agreed time, so as not to delay the following persons.

### PRODUCTS

All the products used in our treatments are available for purchase. We invite you to contact our practitioners for personalised advice in our boutique.

## INFORMATIONS

### GIFT VOUCHERS

Offer a loved one a sensory invitation, a journey of the senses in a unique setting. All our invitations are personalised and offer your guests the privilege of choosing an exceptional experience. Our gift vouchers are available on your website.

### DRESS CODE

No need to bring or wear any special clothing. You will be given a bathrobe and flip-flops on arrival. You will also be given underwear for all body treatments and massages. Please note that you must wear a swimming costume in the wet area.

Please note that smoking is not permitted inside the Spa. The Spa cannot be held responsible for valuables brought in. In order to preserve harmony in the Spa, we would also ask you to switch off your mobile phone.

Appropriate dress is required.

### HEALTH

We kindly ask you to inform us of any specific medical issues at the time of booking. For example, if you have high blood pressure, cardio-vascular problems, allergies or current treatment. For your comfort and safety, we reserve the right to refuse access to all services to anyone whose state of health is not compatible with our services.

# ACCESS



**VISITOR CAR PARK**

● Entrance to the Spa via the hotel reception



## CHÂTEAU DE BERNE SPA

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## CHÂTEAU DE BERNE

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